

Brandenburg Itinerary

Aug 14th to Aug 16th 2026





What to expect:

Yoga Meditation

Sound Bath

Breath-work

Journal Writing

Kirtan ceremonies

Emotional Release Workshop

Cacao with free-flow
dance

Loving Community



Prices:

Price : Single : 669 €

Two share Stay : 559 €

Accomodation

The retreat provides a Cozy and comfortable stay.



What to bring:

Yoga Mat

Comfortable clothes

Bathing suite for outdoor Shower/Sun Bath

Water bottle (good to have)

Pen and Notebook





Food & Nutrition

Wholesome farm fresh vegan
& vegetarian Delicacy
Coffee, Tea and Snacks

Note: The meals will be
vegetarian. If you have specific
allergies or follow a vegan diet,
please let us know.



When & Where:

Address: Klein Glien 2514806 Bad Belzig Germany

Arrival: 3pm onwards, 22nd Aug 2025 **Departure:**

11:30 pm 24th Aug 2025

DAY 1 - 14TH AUG - EARTH ELEMENT



- 16:00 Meet & Greet
- 18:00 Yin Yang Yoga
- 19:00 Dinner
- 20:30 Tartaka Meditation & sound Medicine

DAY 2 - 15TH AUG - FIRE ELEMENT



- 07:00 Wake Up and Tea
- 08:15 Power Vinyasa & Meditation (by Neha)
- 09:00 Breakfast / FreeTime
- 13:00 Lunch
- 16:00 Yin Yang Yoga (by Neha)
- 17:45 Cacao & Free flow Dance (Neha)
- 19:00 Dinner
- 21:00 Sound Bath (Dhiraj)

DAY 3 - 16TH AUG - WATER ELEMENT



- 07:00 Wake Up and Tea
- 08:15 Vinyasa, Pranayama & Meditation
- 09.00 Breakfast
- 10:45 Kirtan & Closing Ceremony with Journal
- 11:30 Departure

Here’s a sample retreat plan, subject to change based on weather and other factors.